

# Inclusive Society for Divyang – my Dream



Here in the Asia-Pacific region, there are 650 million people with disabilities. They account for 15 percent of the population, but they are mostly unseen, unheard and uncounted.

There are certain factors why this discrimination occurs and why there is a need for inclusion.

## 1) Disrespectful Language

Disability and physically handicapped is such a demoralising words for a disabled person like it hits like a stone to him/her. First of all to form an inclusive society we need to change the words we use to differentiate a disabled person from others.

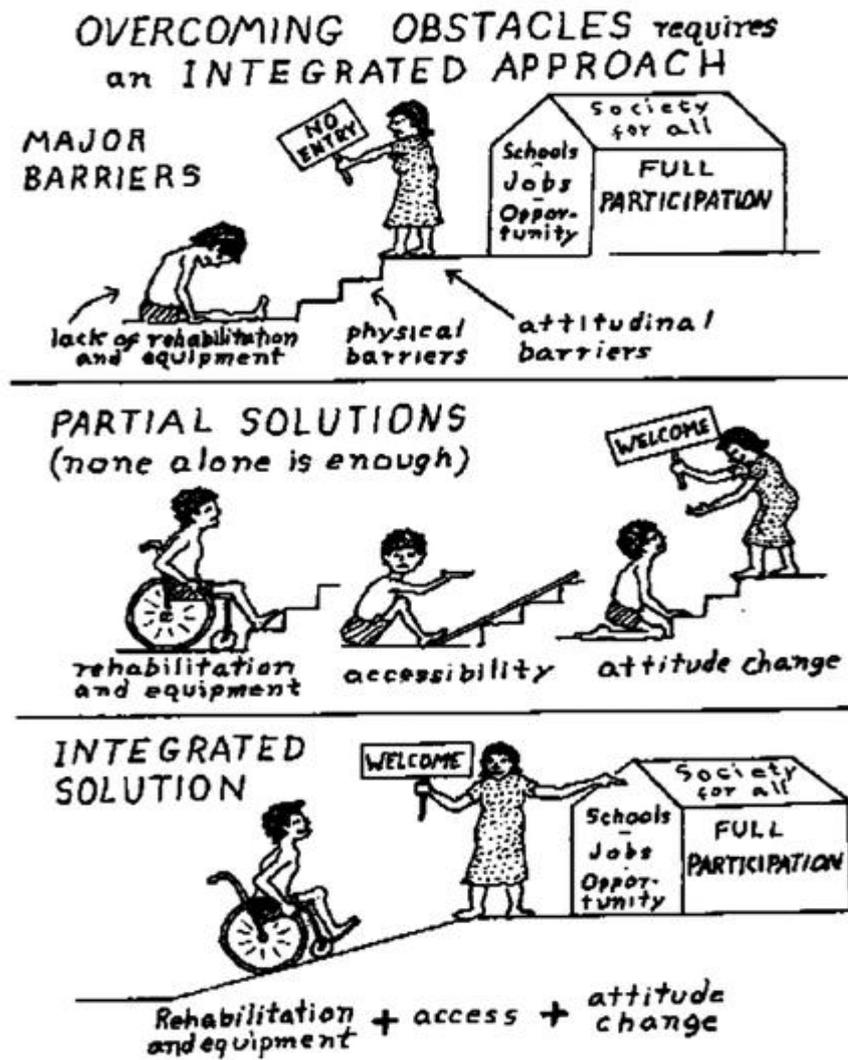
*“The difference between the right word and the almost-right word is the difference between lightning and a lightning bug.” — Mark Twain*

Disrespectful language can make people feel excluded and can be a barrier to full participation.

We should learn to acknowledge them by using normal words and respectful words like-physically challenged, specially challenged, divyangs etc.

This will really help to built a nexus between them with society and they will feel more comfortable

**) Now to achieve an inclusive society for divyangs  
there is a need for integrated approach.**

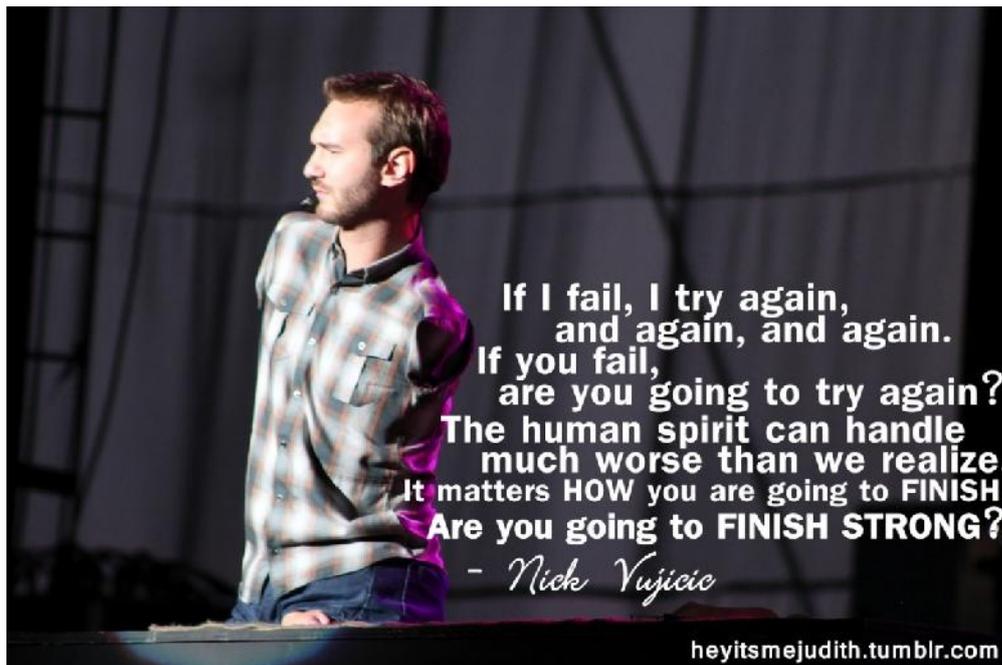


## 2) Motivation

The second most important thing for the inclusive society for the super-abled peoples is motivation.

In our society we treat disabled people in a very sympathetic way, we try to over help them we see them as a weak helpless section of society.

But for an inclusive society we should rather motivate them, I am not telling not to help them but we should motivate them to be independent and help them to pursue their day to day work without getting them feel as they are weak and dependent.



Whenever a person faces any problem in life or he/she is depressed what should we do?

\*DO we depress that person more by feeling sympathetic, feeling pity for them and talking and recalling the problem again and again in front of him..... NO

) But this is what we do when we see a disabled person rather than motivating them we add more pain to that person by making pity faces in front of them, telling them now you can't do this you can't do that.

- ) Thus Motivation is something we should give them so that they can feel better.

### **3) Proper Rehabilitation**

- ) Talking about our country (India) which is still a developing country there is a need for building proper rehabilitation centres for specially abled peoples.
- ) Due to the lack of rehabilitation centres the life of a disabled is sometimes very painful especially for the poor disabled person.
- ) Family, friends, society sometimes doesn't support or rehabilitate person with disability in a right way and the person sometimes feel secluded.
- ) Therefore proper educated trained professionals in rehabilitation centre can help these people and educate them train them and motivate them to rehabilitate in a proper way and can guide them to tackle the problem and to win it by proper guidance.

### **4) Accessibility**

- ) The most important thing for inclusive society for divyangs is accessibility.

- ) Government buildings, public places like malls, gardens, multiplexes, stadiums, railways station, bus-stand all places should be disabled friendly.
- ) Many lack access to the physical environment, public transportation, knowledge, information and communication technologies (ICT), which are preconditions for exercising one's rights in an inclusive society. All these factors together result in a greater likelihood of economic and social exclusion.
- ) As of now programmes like smart city development these things are also improving but there is a need for total development for accessibility for divyangs.
- ) There must be a law for accessible buildings and public places that should include these facilities while constructing it.



## 5) Employment and Scholarships

Evidence indicates that people with disabilities are among the most marginalized in society. The most common reasons

are a lack of education and limited employment opportunities.

Having a person with a disability in a household increases the incidence of household and individual income poverty. Likewise, household poverty is more likely to limit disabled people's access to basic services, education and financial support.

Proper scholarships and job opportunity should be given to divyangs and employing them as per their disability and assign proper work to them.

Government should encourage more CSR (corporate social responsibility) and should make certain compulsions for big corporate industries to contribute their support to help this section for upliftment.



## **6) Funds for Rehabilitation**

) Funds should be provided by government, NGOs, Rich section of society for rehabilitation like,

Prosthetic equipments like arms, legs, fingers etc.

- ) Canes, Crutches & Accessories.
- ) Leg & Thigh Lifters.
- ) Lift Chairs.
- ) Lifting Cushions.
- ) Stair Lifts.
- ) Standing **Aids** & Supports.
- ) Walkers, Rollators & Accessories.
- ) Wheelchairs, **Mobility** Scooters & Accessories



) These things will really help poor divyang peoples who can't afford costly technologies in prosthetics and wheelchairs and crutches.

) This will help them to do their day to day life activities easily and independently.

## **7) Encouraging them to take part in sports and cultural programmes**

- ) Encouraging them in sports and cultural programmes will help them to build confidence and to feel normal as others.
- ) These programmes will help them to connect with society and also helps them to develop their hidden talents and to show the world that what they are capable of!!
- ) Today there are Paralympics organised by Olympics federation and we can see how much potential are there in them.

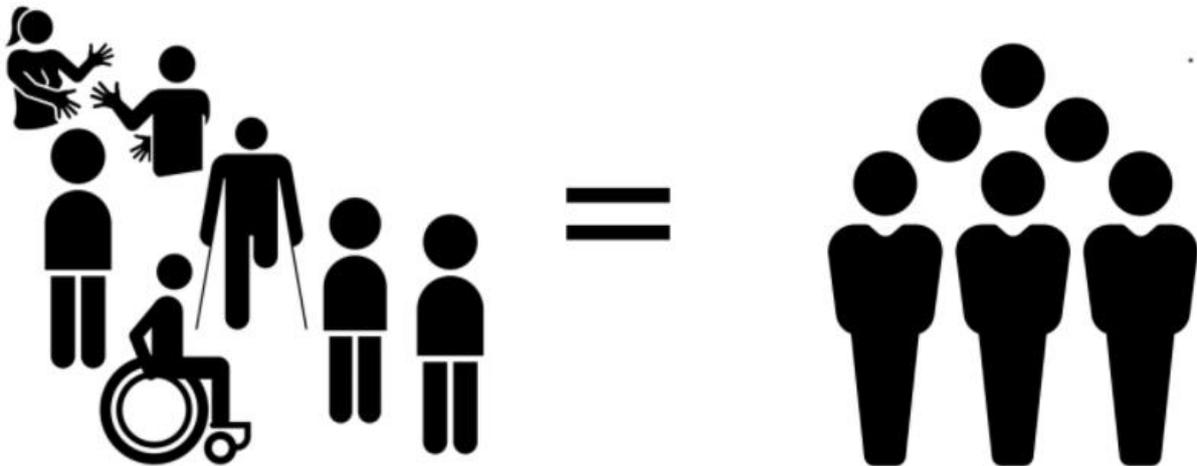


Here in PyeongChang for the 2018 Winter Paralympics captivated the world's attention with the strength of the human spirit demonstrated by people with disabilities

And the most important point for inclusion is>

## **8) Treat Them As A Human**

- ) Often we treat person with disability like they are not humans, we treat them as if they are some kind of different from humans.
- ) We make mistakes by underestimating them, thinking they are the weak and powerless , showing extreme pity before them.
- ) Evidence indicates that people with disabilities are among the most marginalized in society.



**Equality For All**



**It is time to think about how we can reshape where we live, where we work and where we play to enable all of us to enjoy the same freedom of movement and access to all aspects of life.**

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